

PREGNANT? YOU HAVE CHOICES. EXPLORE YOUR OPTIONS.

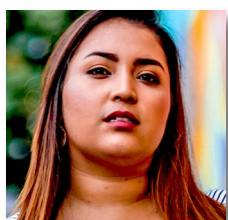
An OA&FS counselor will provide support as you consider your choices: Parenting, abortion or adoption.

How does options counseling help?

During pregnancy options counseling, an OA&FS counselor will listen and offer unbiased support as you consider all your options. We'll provide you with information that empowers you to make the choice that feels best to you. Our options counseling services are free.



Talk With a Counselor
1-800-772-1115



Embarazada? Tienes opciones.

- La crianza • El aborto • La adopción
- Asesoría gratis y confidencial sobre todas sus opciones.

Llámanos para hablar con una consejera.

openadopt.org

1-800-772-1115

If you're facing an unintended pregnancy, we believe that you're entitled to ...

- Be treated with respect, compassion and acceptance.
- Freely explore your options without pressure or judgement.
- Access unbiased pregnancy options counseling from qualified counselors.
- Have access to info about all of your pregnancy options.

**Whatever you decide,
your choice will be honored.**

Birth families matter.

At OA&FS our services are available to birth parents and birth families. In our open adoptions, everyone can be a part of your child's life.



**We welcome and encourage
birth family involvement.**

Make your open adoption vision a reality.

- You choose the adoptive parents for your child from a large pool of families who value birth family involvement.
- In our child-centered open adoptions, you and the adoptive parents create a legally enforceable contact agreement.
- We provide ongoing counseling and relationship support free of charge.



Call us to talk
with a counselor.



**OPEN ADOPTION
& FAMILY SERVICES**
1-800-772-1115 OPENADOPT.ORG

Counselors available 7am-10pm PST seven days a week.
Text "open" to 971-266-0924 9am-5pm PST M-F.
Connect with us online at openadopt.org.



"It's really great to have an agency that supports you in any option with no judgment."

-Expectant Parent