



FATHERS MATTER. YOU CAN BE A PART OF YOUR CHILD'S LIFE.



We're here to help you.

Contact us for free confidential all-options counseling. Counselors are available from 7 am-9 pm PST seven days a week. Open Adoption & Family Services is a nonprofit open adoption agency licensed in Oregon and Washington.

Talk to a counselor.



Text 503-300-6130



Call 1-800-772-1115



Online Contact Form: openadopt.org

Portland

5200 S Macadam Ave.
Suite 250
Portland, OR 97239
503-226-4870

Eugene

150 Shelton
McMurphey Blvd #204
Eugene, OR 97401
541-343-4825

Seattle

2815 Eastlake Ave. E.
Suite 160
Seattle, WA 98102
206-782-0442



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& FAMILY SERVICES**
1-800-772-1115 [OPENADOPT.ORG](https://openadopt.org)



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The first step: options counseling for you.

Our confidential counseling is free of charge, and offers expectant parents a safe place to explore all options: parenting, abortion and adoption. We're here to listen and offer compassion and resources.

At OA&FS, we value your involvement and are committed to creating a comfortable environment for all expectant parents. When parents have differing views, we're here to help navigate these important conversations.

We're a nonprofit, pro-choice agency not affiliated with any religion, and we will treat you with dignity and respect.



“When we were facing an unplanned pregnancy my girlfriend had three choices: parenting, abortion and adoption.

I had two choices – to be involved or not involved.”

– Garrett, Birth Father


Birth fathers have an important role in their child's life.

When facing an unplanned pregnancy, sometimes the non-pregnant parent feels excluded from the process. At OA&FS, all services we offer are available to any parent who wants to be involved.

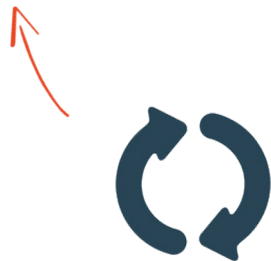
We welcome and encourage involvement and participation from both parents. When the choice is adoption, we'll support you as you develop a relationship with your child and their adoptive family.



Choosing open adoption? Here's how to get involved.

 You will always be a part of your child's life.

Your child will grow up knowing you, and knowing that you love them.



Build a lifelong relationship.

We'll help you create a natural relationship with the adoptive family that many describe as feeling like extended family.

 Meet with a counselor.

You'll be treated with dignity and respect as you plan your adoption. You're welcome to meet with us individually or with the other parent.



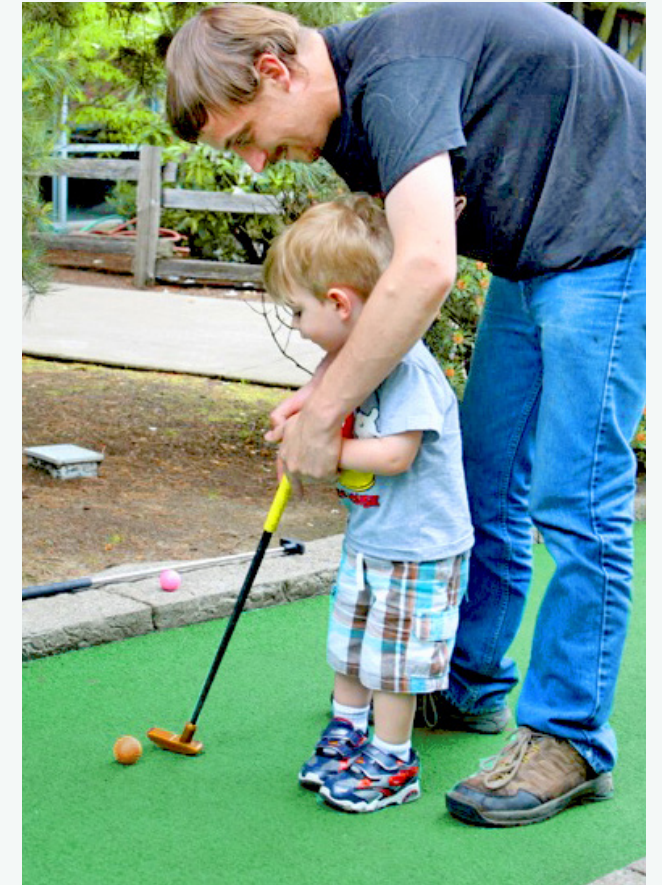
Help choose the adoptive family.

You choose from a large pool of families who genuinely want a relationship with you. You're provided extensive information and meet the family prior to an adoption taking place.



Have ongoing visits with your child and their family.

You stay connected to your child and their adoptive family. You decide together what your ongoing relationship will look like.



You can make a big difference.

It has meant so much to have Andrew, our son's birth father, involved. He participated in choosing us, so we felt an immediate connection to him. We were so lucky he wanted to stay in our lives. He and our son Devin have a relationship that's very special and unique. Andrew writes to him and visits. The friendship they have answers Devin's questions. It helps him understand himself. They're pals. As Devin grows, he looks more and more like Andrew. The relationship gives Devin a connection to his origins ... This has been so valuable for all of us.

— Jan, Adoptive Parent

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