



WHAT IS OPEN ADOPTION?

We're here to help you.

Contact us for free confidential all-options counseling. Counselors are available from 7 am-9 pm PST seven days a week. Open Adoption & Family Services is a nonprofit open adoption agency licensed in Oregon and Washington.

Talk to a counselor.



Text 503-300-6130



Call 1-800-772-1115



Online Contact Form: openadopt.org

Portland

5200 S Macadam Ave.
Suite 250
Portland, OR 97239
503-226-4870

Eugene

150 Shelton
McMurphy Blvd #204
Eugene, OR 97401
541-343-4825

Seattle

2815 Eastlake Ave. E.
Suite 160
Seattle, WA 98102
206-782-0442



**OPEN ADOPTION
& FAMILY SERVICES**
1-800-772-1115 [OPENADOPT.ORG](https://openadopt.org)



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This is your open adoption.

We will empower and support you.

- We'll provide a safe space for you to make the decision that feels best – one that reflects your beliefs and values.
- Whatever you choose, we'll be there for you. You can text or call our counselors from 7 am to 9 pm PST seven days a week, or [submit an online inquiry form any time at openadopt.org](https://openadopt.org).
- All of our services are free of charge to you. Financial assistance for pregnancy-related expenses is available.



You will always be part of your child's life.

- Our adoptions are truly open. You form a natural, open adoption relationship with the adoptive family in which you feel at home: welcomed, honored and accepted.
- We'll provide you and the adoptive parents with the relationship-building tools and skills you need to realize your open adoption vision.
- You gain peace of mind about the well-being of your child through ongoing visits.
- Your child will grow up knowing who you are, that you love them and that you chose their parents.



"Everyone at OA&FS has been very sensitive and understanding during this difficult time. I love the adoptive parents I chose more than I ever could have imagined. I'm glad they are together with my child and that I am a part of their lives. The openness is invaluable to me." – OA&FS Birth Parent



Make your open adoption vision a reality.

Learn about your options.

- At OA&FS, you'll be treated with dignity and respect as you explore all of your options. We're here to listen and support you.
- If your choice is adoption, we'll help you plan an open adoption that honors your unique vision.

Choose the parents.

- You're the most qualified person to choose adoptive parents for your child.
- You choose from a large pool of families who genuinely want an ongoing relationship with you. Our families reflect a diversity of identities and lifestyles.
- You review the families' photo book and home study, which is a report about their beliefs, parenting values and lifestyle.

Build a relationship.

- You meet and form a relationship with the family. We're there to help you feel comfortable and get to know one another.
- You and the adoptive parents create a legally enforceable agreement for ongoing visits. Each open adoption relationship is unique, and many describe theirs as feeling like extended family.

Create lifelong connections.

- In a child-centered open adoption, the adoptive parents and birth parents value and embrace one another's unique role in the child's life.
- You'll always have access to our ongoing relationship guidance and adoption-related counseling.
- You'll also become an important part of our open adoption community, which is full of opportunities to connect with other birth parents through retreats, social media and gatherings.

Melissa's Story



"I was 14 and a freshman in high school when I found out I was pregnant. The only way I would've considered adoption was through an open adoption."



"Greg and Jan accept me for who I am and genuinely value me and my importance in Brianna's life. They're always encouraging, welcoming and trusting."



"It's not like we 'feel' like family or we're 'sort of' like family, we are family and it's just as valid and genuine as any other."



"I'm super inspired by what a great person Brianna is becoming and I'm sure that will continue to evolve."