



OA&FS adoptee Dylan with birth mother Kiri.

We're here to help you.

Contact us for no-cost confidential counseling. Counselors are available via phone seven days a week from 7 am to 10 pm PST. Open Adoption & Family Services is a nonprofit open adoption agency licensed in Oregon and Washington.

Talk to a counselor.



Call 1-800-772-1115



Text "open" to 971-266-0924



Online Contact Form: openadopt.org



Para Español 1-800-985-6763

WHAT IS OPEN ADOPTION?



OPEN ADOPTION & FAMILY SERVICES
1-800-772-1115 OPENADOPT.ORG



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This is your open adoption.

Through our progressive services you'll be empowered and supported.

- We'll provide a safe space for you to make the decision that feels best – one that reflects your beliefs and values.
- Regardless of the choice you make, we'll be there for you. You can call our counselors from 7 am to 10 pm PST seven days a week, or [submit an online inquiry form any time at openadopt.org](http://openadopt.org).
- All of our services are free of charge to you. Financial assistance for pregnancy-related expenses is available.



OA&FS adoptee Malcom with birth parents Carrie and Kentrel and adoptive parents Micah and Quinn. (r-l).

You will always be part of your child's life.

- Our adoptions are truly open. You form a natural, open adoption relationship with the adoptive family in which you feel at home: welcomed, honored and accepted.
- We'll provide you and the adoptive parents with the relationship-building tools and skills you need to realize your open adoption vision.
- You gain peace of mind about the well-being of your child through ongoing visits.
- Your child will grow up knowing who you are, that you love them and that you chose their parents.



OA&FS adoptee Finn with birth father Chris, adoptive dad Brady, birthmother Sharene and adoptive dad Peter, (l-r).



"Everyone at OA&FS has been very sensitive and understanding during this difficult time. I love the adoptive parents I chose more than I ever could have imagined. I'm glad they are together with my child and that I am a part of their lives. The openness is invaluable to me." – OA&FS Birth Mother



Make your open adoption vision a reality.

Learn about your options.

- At OA&FS you'll be treated with dignity and respect as you explore all of your options. We're here to listen and support you.
- If your choice is adoption, we'll help you plan an open adoption that honors your hopes and dreams.

Choose the parents.

- You're the most qualified person to choose adoptive parents for your child.
- You choose from 60-70 diverse families who genuinely want an extended family relationship with you. We welcome families that are straight, gay, married and single.
- You review the families' photo book and home study, which is a report about their beliefs, parenting values and lifestyle.

Build a relationship.

- You meet and form a relationship with the family. We're there to help you feel comfortable and get to know one another.
- You and the adoptive parents create a legally enforceable contract for ongoing visits. All of the adoptive families we work with want a lifelong relationship with you. You get together much like an extended family.

Create lifelong connections.

- You will always have contact with your child, with an average of two to four visits per year.
- We provide you with ongoing relationship guidance and adoption support throughout your life.
- You'll also become an important part of our open adoption community, which is full of opportunities to connect with other birth parents through retreats, workshops and gatherings.

Melissa's story.



Baby Brianna with birth mother Melissa.

"I was 14 and a freshman in high school when I found out I was pregnant. The only way I would've considered adoption was through an open adoption."



Brianna with adoptive parents Greg and Jan.

"Greg and Jan accept me for who I am and genuinely value me and my importance in Brianna's life. They're always encouraging, welcoming and trusting."



Birth mother Melissa and young Brianna.

"It's not like we "feel" like family or we're "sort of" like family, we are family and it's just as valid and genuine as any other."



Brianna and birth mother Melissa at the Women's March in Washington D.C..

"I'm super inspired by what a great person Brianna is becoming and I'm sure that will continue to evolve."