

Pregnancy Options Counseling

The decision is yours.

Our counselors will help you explore your options:

- **Parenting**
- **Adoption**
- **Abortion**

Confidential counseling is unlimited and free of charge.

We're here to provide support and unbiased information as you determine what's best for you.

What pregnancy options feel right to me?

Do I have a support system?

How does this pregnancy affect my plans for the future?

“ I feel at peace knowing I looked at all my options with someone who trusted me to make my own decision. ”

CONTACT THE EXPERTS 24/7

1-800-772-1115
www.openadopt.org



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The decision is yours.

Open Adoption & Family Services is a nonprofit agency empowering women to make decisions about pregnancy in an atmosphere of dignity and respect.

We'll help you explore all your options and support whatever decision you make. If you choose parenting or abortion, we will connect you with professional resources available in your community.

If your choice is adoption, through our Open Adoption Program, you create your own unique adoption plan, choose an adoptive family and have ongoing visits with your child.

We're here to help you.

Contact us for confidential options counseling any time, day or night:

24-hour Hotline: **1-800-772-1115**

Para Español: **1-800-985-6763**

www.openadopt.org - info@openadopt.org



Locations throughout Oregon and Washington.